

Player: Sample Forward

Strengths

- Linear skating speed
- Puck protection mechanics
- Power in small areas
- Net presence and drive to score
- Puck skill in tight to net
- Strong physical presence in corners and board area battles

Areas for Improvement

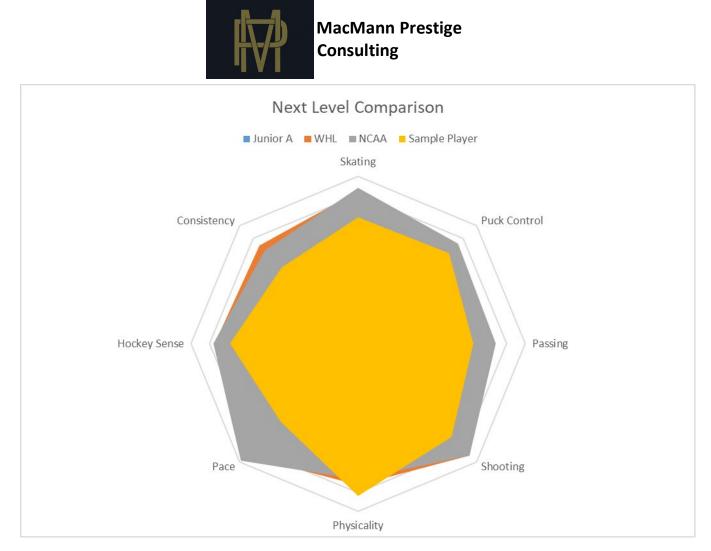
- Acceleration mechanics
- Hip mobility
- Stick placement in contested areas
- Catch and release shooting
- Next play readiness passing
- Transitional efficiency
- Consistency of pace

Scouting Profile

A dynamic, offensive-minded player with excellent power forward potential, he thrives around the net and at creating dangerous scoring opportunities for his team. He has strong separation speed that presents in steps 3-4 of his stride and can prove a handful for opposing defenders once he builds speed. He isn't afraid to take the puck to the hard areas of the ice and shows excellent technique pushing out his front knee and using his reach to create lanes for himself to drive the net. He has excellent touch around the net and is a serious threat to find rebounds or outmuscle opposing defenders for loose pucks.

Recommendations

We'd like to see you work on building speed a bit quicker and improving your multidirectional quickness. This can be done off-ice, and it is recommended that you add a sprinting regimen to your training 3-4 times per week, at a slight incline. We'd like to see you incorporate your hips a bit more off the rush. The tendency to drive wide and push to the middle works now, but as you graduate levels, players will learn how to defend this. A quick open hip push will allow you to see more off the rush and be harder to read. Learning to create opportunities away from the puck is also an area where you could see dramatic improvement and really increase your overall profile. Placing your stick outside your body where you can follow the reception of the pass through your body into a more natural shooting position will make you that much more dangerous in creating offensive chances and getting pucks off your stick a bit quicker. Understanding the importance of your consistency of pace is crucial to your next level appeal. Work on taking shorter shifts so that you can bring 30-45 seconds worth of your best to every shift. Keep up the hard work!



Advice on Reading the Radar Graphs

The Radar Graphs (above and below) allow you to visualize your developmental needs and should help you to prioritize your focus and training moving forward, based on the level goals you provided us.

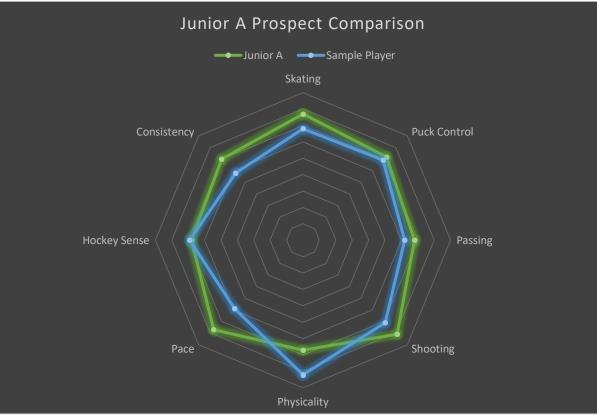
Your physicality and overall checking skills are adequate already for Junior Hockey and Collegiate levels. This does not mean this is an area you can take the focus off of, but further work to sharpen and improve these skills, knowing that they form a strong foundational element to your game and should provide you confidence moving forward.

Pace and consistency were evaluated as the areas that you are furthest from your goals on and you will need to work with your coaches and trainers to develop these skills. As mentioned in recommendations, the first step here is to actively work towards higher tempo shifts with shorter durations. Hockey players can typically only exert themselves at full capacity for under 12 seconds. Your game is most impressive and visible when you are working at full capacity, engaging in battles for position and displaying your power in straight line races. Keep this in mind going into games and individual shifts moving forward.

You think the game well for your level and are on par with how Junior A prospects process the game. As mentioned above, we feel it will help you to activate your hips and head a bit more so you can find options quicker and open up your overall range of possibilities with the puck.

Your puck protection skills push your overall puck skill ratings higher, working to improve what you do and how you execute out of protection situations will be crucial to your next level development.







If you have any questions, please contact ross@macleanhockey.com







